

AFTERCARE FOR CAPILLARY TREATMENT

You may remove the tapes and cotton balls and throw them away after an hour or two. Remember, your capillaries will look worse after the treatment. The area of capillaries that were treated will have an “inflamed” look to them. Again, the response of the capillaries after treatment is that they will look worse than before they were treated and redness may last a few days. This is all a normal response.

After about 5-7 days the capillaries will start to heal. They will start to become lighter and lighter after this point. You will see your maximum fading in 3-4 weeks. Again, we consider a good treatment a 50-60% fading of the capillaries that were treated.

Following a capillary treatment, our office suggests that that if you normally take very hot showers or baths, to cool the water temperature down for a few days. Also, avoid alcoholic beverages for a few days. The reason for both of these suggestions is that heat and alcohol causes vessels to dilate and we are trying to constrict them.

If you have any questions or concerns, please don't hesitate to call the office.