

Consent for Schlerotherapy

Schlerotherapy eliminates varicose veins and superficial spider veins in which a solution is injected into the vein. The majority of persons will be cleared or at least see improvement. When successful, fading continues for 1-6 months. The number of treatments needed differ from patient to patient; 1-6 treatments may be needed.

Common Side effects:

Itching - may last 1-2 hours

Pain - a few patients experience moderate pain and some bruising, usually at the site of the injection. The veins may be tender to the touch, but this is temporary. An ice pack for 15 minutes should afford relief. Aspirin or aspirin substitute can be taken every 4 hours.

Ankle swelling may occur after treatment of blood vessels in the foot or ankle, but resolves in a few days and is lessened by the use of support stockings.

Phlebitis - this is a rare complication seen in the treatment of veins greater than 3 to 4 mm in diameter.

If you must stand for a prolonged period of time, do not stand still – lift your heels frequently. No strenuous activity, walking, swimming or bicycling are allowed.

Do not massage your legs. Sauna, hot tub or whirlpool baths cannot be taken during the treatment or for several weeks afterward.

Patient Signature: _____ Date: _____

Patient Name (print) _____