Barrington, Illinois 60010 **847 304-0044** www.NovasAesthetics.com

Preparation for Patients for Chemical Peel Exfoliating Treatment, Microdermabrasion and Laser Treatment

1. 14 days prior to appointment refrain from:

- Having a chemical peel
- Tanning in a tanning booth
- Having a wax or chemical depilatory treatment (5-7 days)
- Getting BOTOX® Cosmetic or dermal filler injections (7days)
- 2. If you are lactating, pregnant or possibly pregnant, you are only a candidate for an Oxygenating Trio Treatment or Detox Gel Treatment.
- 3. Refrain from sun exposure for 10 days prior to treatment.
- 4. Use of Retin-A, Renova, Differin, Tazorac and high percentage glycolic acid products should be delayed for at least 5-10 days prior to treatment.
- 5. Use of PCA Detox Deep Pore Treatment or Clarifying Mask prior to peeling will prepare the skin and allow for optimal treatment results.